# DEPARTMENT OF PSYCHOLOGY GOVERNMENT DEGREE COLLEGE, RAMNAGAR

## (NAAC Accredited)

# SUBJECT: PSYCHOLOGY

#### **Programme learning Outcomes in B.A**

PO1. To strengthen students understanding of the basic psychological processes and its application in their everyday life.

PO2. To develop the understanding and learning of students regarding different areas within psychology such as physiological basis of psychological processes, various psychological disorders, their etiology, & treatments, application of statistical techniques, quantitative & qualitative methods, psychological testing, development of human from conception to adulthood, applications of I/O psychology at the workplace, basic approaches/processes involved in counselling, maintaining health and well-being.

PO3. To promote development of students' skills related to management of emotions, ways of coping with stress, usage of psychology in education, applying positive psychology for enhancing quality of life, management of human resources.

PO4. To perform practical's/experiments on processes and concepts of psychology for providing in-depth knowledge about the subject.

PO5.To utilize the concepts and skills learnt in psychology for overcoming challenges encountered in life.

PO6. To gain insight on descriptive and inferential analyses of psychological processes and their application in real-life situations.

## **PROGRAMME OBJECTIVES**

To develop students with enhanced psychological competencies and resilient personalities that can withstand the global challenges and contribute towards the wellbeing of themselves as well as society.

To facilitate and increase student's learning about the psychology acquired at higher secondary level.

To enhance student's theoretical understanding of psychological concepts by exposing them to related practical/experiments and motivating them to apply this knowledge in real life situations.

To generate interest in students regarding scope and application of psychology in future.

To ignite the spirit of research in students with respect to different fields in psychology.

To inculcate positive thinking and positive self-growth in students.

To encourage students towards creative and divergent thinking, coping with life stressor, better problem-solving skills that will be beneficial for them in future.

To increase placements of students in different settings such as organizations, hospitals, educational fields etc.

HOD Psychology GDC Ramnagar